

Online Safety is mostly about behaving appropriately, but technology can help

Personal

1. Get involved – use the same apps / social media / games – and talk about it
2. Adhere to age restrictions (if and where possible)
3. Check contacts, friends and opponents
4. Be part of closed groups (Clash of Clans / WhatsApp / Fifa etc)
5. Cover up webcam when not using
6. Don't use file sharing streaming of videos (eg Putlocker)
7. Use social media positively - Twitter / LinkedIn / personal blogging
8. Speak to schools about policies & awareness - remember, this is **teamwork**

Practical

1. Use 'Family Sharing' settings (Ipads / Iphone)
2. Switch off 'Sync' on Android Phones / Tablets
3. Use 'Location Settings' only when required
4. Switch off 'Location Settings' on your children's phones
5. Test App games by switching off the phone or tablet's WiFi & Mobile Data
6. Restrict WiFi access of devices via the modem/router
7. Use filters such as parental controls and software to restrict access

Parents to Children:

- Don't share personal information – “Keep your secrets secret”
- Be kind online – “As you would be in school”
- What's the impact of selfies/pictures – “Ask permission”
- Don't ignore age restrictions (games, apps and social media)

Understand the risks to restrict the escalation to online danger by preventing deliberate or accidental inappropriate behaviour.

For further information, see Jonathan's initiative at www.besafe-online.co.uk